



## Personal statement 2021

The undersigned .....

Born ..... The .....

City ..... Via .....

Mail .....

Province ..... Zip code ..... Nation .....

Enrolled in the race: Short Distance..... Man + Dog.....

-I declare that I am aware of the distances of the race in question, its characteristics of the mountain environment in which it takes place, the possibility of meeting different climates (sun, heat Rain, cold), that his length will see me run at night and bring with me the material Required for the duration of the competition.

-I declare not to use any type of doping substance.

-To be in possession of the medical certificate specified below.

-to have informed the organization of possible medical pathologies that concern me and to download for which

The organization from any medical problem that I might have during the competition.

Signature .....

Race date .....

The document does not apply as a registration form

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